

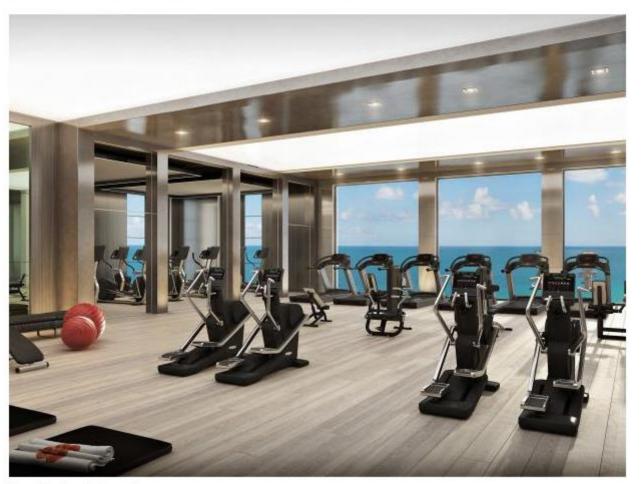
## 12 Designer Fitness Centers That Will Make You Actually Want to Work Out

By: Kayla Kitts

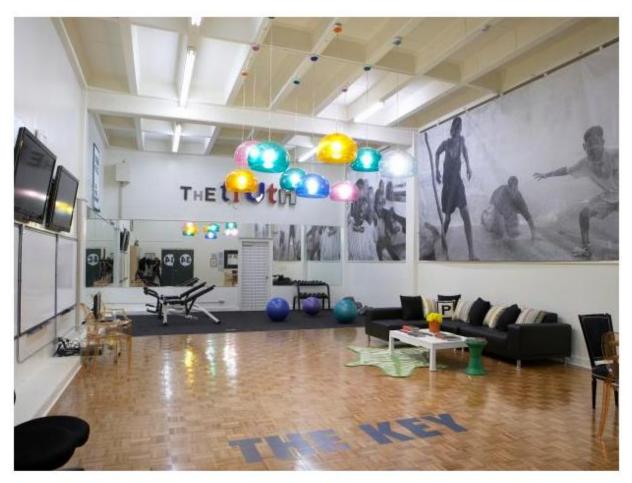
Ready to #getfit? Dip, squat and lunge in these incredible fitness sanctuaries.

/ m notorious for the whole "I'll start on Monday!" workout regime, but my boo is a personal trainer and does *not* fall for that. He's heard every excuse in the book — more than once.

With just over four months until we tie the knot (!!!), I'm determined to end the excuses and crank up the sweat factor. While I normally make awkward eye contact with my cat during planks, I have dreams that my future home will someday include a fitness sanctuary like these beauties. (And if it's up to my guy, it most certainly will.)

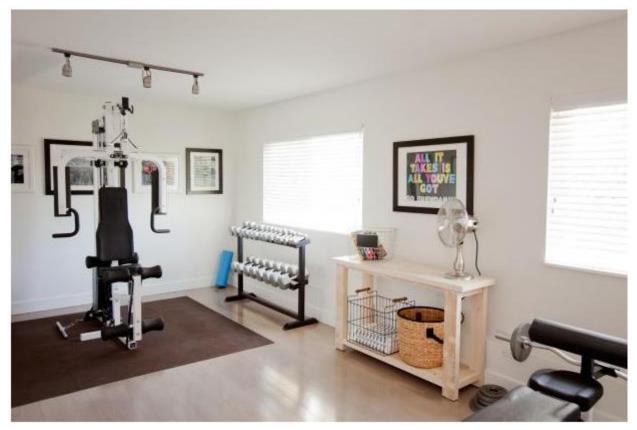


The Estates at Acqualina





Three Hundred Collins



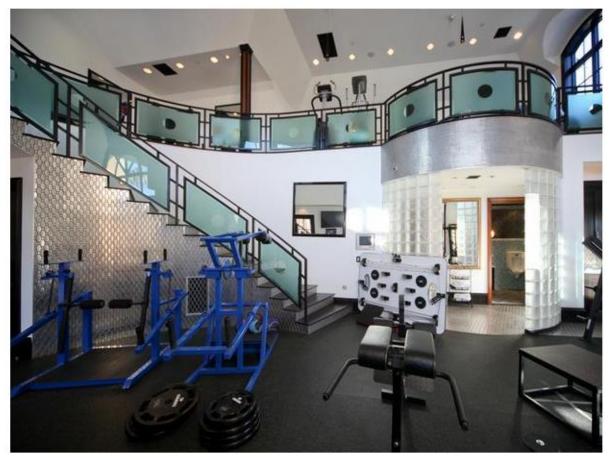
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## 8 Tricky Ways to Sneak In More Exercise





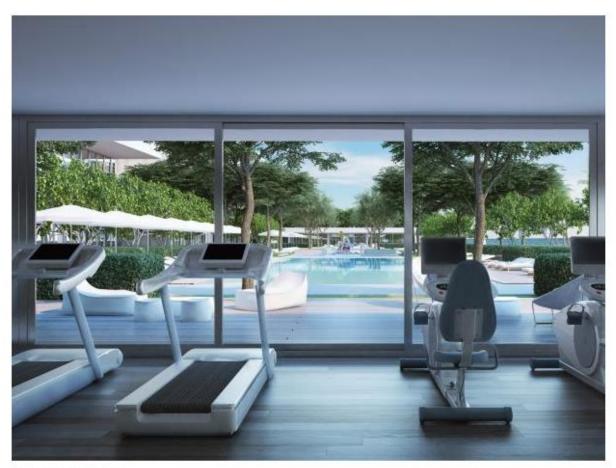




Jamie Rector



Olson Photogrpahic LLC



Oceana Bal Harbour



190 South 1st Street

## 8 Must-Try Fitness Gadgets

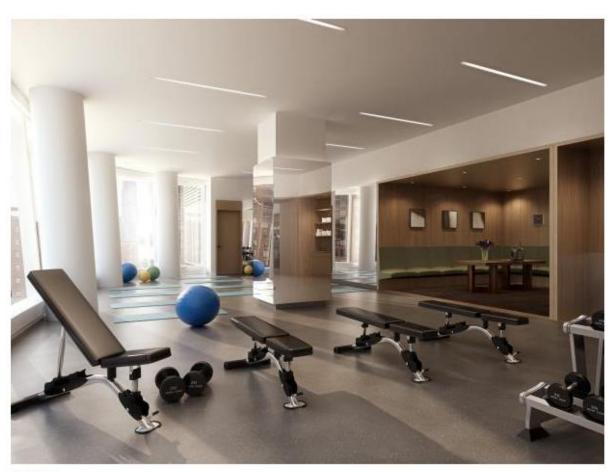








REACH and RISE at Brickell City Centre



50 West



393 West End Ave



Photographer: Christina Wedge

## Makeover: A Yoga-Centric Studio for Classes







